



The Ultimate Rowing Experience

CREW NEWS

January 16, 2009

Volume III, Issue 1

PRESIDENT: Roy Dupuis

I would like to encourage all rowers and families to work hard to meet their monetary goals for the Erg A Thon! Believe me, I understand the current economic situation (I am a home builder), but our club need the funds, so please make your best efforts!

By the way, I received an email from Coach Tiffany. Evidently the Charles River is frozen solid! According to Tom, "I saw it with my own eyes a few hours ago, as I arrived safe and sound in Cambridge after 1600 miles of driving with Toby. It was ELEVEN degrees this morning when we went on our dog walk. " In jest he adds, "Yes, I am reconsidering my silly decision to leave the Spanish Moss of Little Sarasota Bay." I am sure Tom will keep in touch.

As we embark on our spring regatta season, I wish all rowers the best. We have a great club, great rowers and great crew families, all which insure a great future!

HEAD COACH: Casey Galvanek



Sarasota Crew has been offered 5, count them, 5 retiring singles from a rowing club north of us. They have been used in primarily fresh water during their esteemed life spans. If these boats were people they would most likely have their drivers licenses.

The 5 singles are 1992 era Vespoli racing singles, 2 of which are complete with the remaining 3 needing some replacement parts and some care for the paint if not repainting. These singles are not of the same current quality as the Wintech singles that were purchased and donated by other Sarasota Crew families earlier this rowing season.

We are viewing these singles as a way to involve a greater number of our members in the joy of sculling. We will need to purchase oars for these new boats too, as we are now rowing beyond our sculling oar capacity.

These singles can be purchased for \$900 each. If you are feeling quite generous your purchase could be donated to the club. Please contact me using the following email address, casey@sarasotaCrew.com, if you are interested in learning more about these boats that are long in the tooth, but an incredible opportunity for our fine club and your children.

Regatta Coordinator: John Leeming



In an effort to enhance the rowers, coaches and parents regatta experience we "volunteered" rower parent John Leeming to assist Sarasota Crew as Regatta Coordinator. The effort has already begun with participation with coaches, team captains, volunteers, the board members, and parents. Terrific input has been given in consideration of the "total" rower experience. This effort includes: race preparation, competition, eating, traveling, the "**fun factor**", down time for "hanging out" and the safety of the rowers.

John commented: "The primary output of this initiative is expected to be a detailed regatta itinerary for each event comprised of input from all concerned parties. We will review each regatta against our plan and record the "wins" and lessons learn for planning in following years. As we get our preparation processes refined we expect to get assessments out 2-3 weeks in advance of the regatta dates." Additional parent volunteers are needed to assist us on regattas. Please contact John@sarasotacrew.com .

MIDDLE SCHOOL: David Delaney Spring Session: February 5-May, 2009

The coaches of Sarasota Crew eagerly await the return of our middle school rowers- *The Future of Sarasota Crew!* Coaches Debbie and David Delaney, John Leeming, Don Simon and Mrs. Maureen Borden will all work under the direction of Sarasota Crew's new head coach, Casey Galvanek, to introduce, instruct and encourage the sixth, seventh and eighth grade boys and girls in the sport of sweep rowing.

In the Fall session our Middle School Squad had fifty enthusiastic rowers and expect most of these rowers to return. With the days getting longer and eventually warmer, our Thursday afternoon sessions, from 4:30-6:00, will be a fun time for us all. Saturday mornings, from 8:30 – 11:00, will be, as usual, a time of extended rowing in Little Sarasota Bay from Spanish Point Cove to the Blackburn Point Bridge.

Last session we had two of our Middle School "eights" proudly represent us at the Sunshine State Regatta. In this Spring session we also anticipate to have some of our Middle School squad participate in regattas in Orlando and Miami!

Let's all support our Sarasota Crew at the Erg-A-Thon by signing up to sponsor our rowers in their quest for excellence. See you on the erg and on the water.

We would like all parents to attend the first practice on Thursday February 5th for a mandatory parent orientation so we can review regatta protocol, thanks!

RECRUITING

Recruiting for novices continues!!!! **We especially urge all of our novice rower families to talk to their friends about checking us out.** It's never too late to join! Our recruiting committee will be happy to meet any potential rower for a tour, just call 966-9791 or email TeamAdmin@SarasotaCrew.com .

PARENT BOOSTER PRESIDENT: Pam Harding

The banquet date has change to Sat. May 2nd, please mark your calendars.

Varsity girls will be doing the adopt-a-road clean up on Sat. Jan. 24th immediately following practice. Food and drinks will be provided. Plan on being there for one to one and a half hours. You can earn community service hours if needed. Bring your sheet to be signed.

Thank you to Anne Mitchell for taking over the care and maintenance of our first aid kits.

The next parent meeting is scheduled for Tuesday, February 10th at 5:30 p.m. at HSP. This will be a mandatory meeting for all Varsity and Novice parents only as we review regatta protocol. We strongly recommend you attend, Thanks! The rowers will be asked to join the meeting after pratice.

Crew Trailer Advertising 2008/2009 Season

**SUPPORT YOUR ROWER WITH A PERSONAL MESSAGE OR ADVERTISE
YOUR COMPANY ON OUR BOAT TRAILER!**

The cost for a sign is a mere \$300 which includes your advertisement or personal message on the side of the trailer for one year. An advertisement will also be placed in the end of the year banquet brochure.

Please support Sarasota Crew and your rower by sending camera ready information to flharding@comcast.net and your check for \$300 to Sarasota Crew (343 Palmetto Ave, Osprey, FL 34229). Please note on your check "Trailer Advertising".

Please contact Pam Harding for any questions @377-1545 or 928-8832.
All donations are 100% tax deductible. Sarasota Crew, Inc is a not for profit corporation.

THANK YOU!

ERGATHON: Maureen Borden, Kris Baker
Ergathon 2009 “Pulling Together”

Ergathon is just two weeks away – are you ready?!

Pledge packet materials are due NO LATER than Friday, January 23, 2009.

The upcoming long weekend is the perfect opportunity to secure those last minute pledges! If you cannot locate your pledge packets given out at registration simply go to Sarasotacrew.com under documents and download anything you need labeled “Ergathon”.

On Thursday and Friday, Jan. 22nd and 23rd from 3:45-5:30pm, Mrs. Baker and Mrs. Borden will be at the site collecting pledge forms, credit authorizations, checks and raffle tickets. If you are a middle school parent you can stop by the site on these days OR mail** all Ergathon materials to:

Maureen Borden
6225 Aventura Drive
Sarasota, FL 34241

(**Please be sure to mail them in time to meet the January 23rd deadline.)

IMPORTANT!! Please do NOT bring pledge packets the day of the Ergathon – there will be no place to safely store them at these public venues.

Utilize the ‘ERG Raffle’! Anyone sponsoring a rower for \$10 or more is eligible to enter the raffle for the Concept2 rowing machine – a \$1090 value! ANY parent sponsoring their rower should submit at least one raffle ticket – if you already have an erg your win would make an excellent donation to Sarasota Crew!

Further down you will find the **Ergathon Rosters** that will tell you when and where your child will be rowing on January 31, 2009. The two locations are:

Whole Foods Market, Downtown Sarasota
The Publix at Stickney and Rt. 41 in Sarasota

While your rower ergs you can shop for your Super Bowl parties!

A Successful Ergathon is important to Sarasota Crew:
Funds raised help to keep our tuition prices down.

The Ergathon itself showcases our amazing athletes and parents and attracts future rowers!
Good Luck!

Maureen Borden (dm1borden@verizon.net) Kris Baker (kbsandpipers@comcast.net)

Ergathon Committee

Whole Foods 8am-10am

Amontree, Jake
 Borden, Connor
 Dupuis, Andre
 Hull, Ian
 LeBlanc, Andre
 Mason, Parker -
 Coxswain
 Niffenegger,
 James
 Spivey, Sebastian
 Taaffe, Travis

Donatella, Gia
 Gabbert, Matthew
 Milam, Kim
 Tsatskin, Daniel
 Sams, Jonathan

Borden, Seth
 Dupuis, Marcel
 Leeming, Hunter
 Niewold, Emily
 Niffenegger,
 Christina
 Taaffe, Alex -
 Captain
 Taaffe, McKayla
 White, Tyler

Whole Foods 10am-12noon

Bamford, Brooke
 Baskerville, Christian
 Broussard, David
 Castle, Maddux
 Corry, Brenna

Schimek, Sam
 Shaddy, Stafford
 Villalona, Carolina

Jennings, Oliver
 Douglas, Britany
 Grant, James
 Mansour, Sarah
 Stokes, Steven

Anderson, Ryan
 Corry, Jack - Captain
 Dooley, Meghan
 Duncan, Nick

Harding, Molly
 Mitchel, Danielle
 Phillips, Amanda
 Valenzuala, Daniel
 Young, Dillan

Whole Foods 12noon - 2pm

Bornstein, Jordan
 Brooksbank, Emily
 Colon, Jose
 Day, Ryan
 Dluzneski, Alex

Goff, Emily
 Konecny, Andrew

Grain, Chelsea
 Luther, Sierra
 Palermo, Edward

Allison, Nace – Captain
 Dluzneski, Shane
 Elizalde, Carolina
 Halula, Gabby
 Harris, Chase
 Kotwicki, Jon

Scheibel, George
 Terris, Lauren

Publix 8am-10am

Chapman, Rachel
 Cline, Stephen
 Deaterly, Caroline
 Gagen, Michael
 Golub, Grant
 Hails, Ryan
 O'Connell, Laura
 Smith, Alexa

Publix 10am-12noon

Costello-Vargas, Lilia
 Felix, Christina
 Fezza, Blake
 Mandelblum, Ariel
 Martinez, Steven
 Pitchford, Allie
 Taber, Paige

Publix 12noon-2pm

Leopold, Michael
 Patel, Chetan
 Rowe, Chad
 Senseman, Anthony
 Simon, Joshua - Coxswain
 Wan, Kevin

Johnson, Taylor

Cash, Frank
Katz, Jason

Fletcher, Alec
McClanahan, Ben
McClanahan, Joseph

Nickos, Alex
Rowe, Chase
Shea, Victoria
Wan, Lily

Berger, Courtney -
Coxswain
Carleton, Westanna
Corin, Danny (7-9am)
Deaterly, Zach
Dumas, James
Natarajan, Daven
Otterbach, Erik
Smith, Max - Captain

Balkham, Chelsea - Captain
Beiling, Marissa
Hamlet, Eric
Lyon, Celeste
Negroski, Alex
Noah, Geoffrey - Coxswain

Deering, Andrew
Delaney, Kaitlyn - Captain
Goldberg, Carli
Menges, Jake
Peacock, Stevie
Schmidt, Kyle
Sobotka, Matt

Largest Total Fulfilled Pledges:

1st place: \$300
2nd place: \$150
3rd place: \$75

Greatest Number of Individual Fulfilled Pledges Exceeding \$10

1st place: \$100
2nd place: \$75
3rd place: \$50

Top Meters Rowed in a 30 minute piece:

Varsity Boy: \$150
Varsity Girl: \$150
Novice Boy: \$100
Novice Girl: \$100

Top Meters Rowed in a 10 minute piece:

Middle School Boy: \$50
Middle School Girl: \$50

Following Prize Raffle is Open to ALL participating Rowers

- (2) Kayak Rental (\$35each) gift certificate from Economy Tackle
- (8) 16 oz. Sarasota Crew Tervis Tumblers
- (2) \$25 gift certificates to Beach Bazaar on Siesta Key
- \$25 gift certificate to CB's Saltwater Outfitters
- (4) Applebee Gift Cards for two free entrees each
- \$25.00 M&D Country Kitchen Gift Certificate
- \$25 Simon's Coffee House Gift Certificate
- (3) Cards for two free appetizers from Carrabba's Italian Grill

- (2) Fleece Blankets with Sarasota Crew logo from 'Say it With Stitches'
- (2) \$15.00 First Watch Gift Certificates
- \$15 Gecko's Grill and Pub Gift Certificate
- (3) \$10 Bay Street Subs and Smoothies Gift Certificates
- (2) Bags of Starbucks ground coffee
- (3) Vespoli Caps
- (10) Concept2 water bottles
- (10) Concept2 hand towels
- (3) Vespoli Key Chains
- \$25 Gift Card to Smoothie King
- (5) Gift cards for a free 6" sandwich at Subway (3414 Clark Rd)
- (5) \$5 Gift Cards to Taco Bell (Clark Rd and Benevea)
- Olive Garden



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THANK YOU!

Spring Regatta Schedule 2009

Saturday, January 31	Sarasota Crew Erg A Thon	
Saturday, February 7	OPEN	
Sunday, February 8	OPEN	
Saturday, February 14	<u>Novice Regatta (1500m)</u> - Turkey Lake, Orlando, FL Middle School Races also!	
Saturday, February 21	OPEN	
Saturday, February 28	OPEN	
Leave Friday, March 6 Regatta on Saturday, March 7	<u>36th Miami International Regatta (1500m)</u> - Miami Marine Stadium, Miami, FL Middle School Races! Middle School travels Saturday only!	
Saturday, March 14	<u>13th OARS Regatta (1500m)</u> - Turkey Lake, Orlando, FL	
Saturday, March 21	<u>16th Hood Cup Regatta (1500m)</u> - Turkey Lake, Orlando, FL	
Saturday, March 28	OPEN	
Saturday, April 4	Spring Break two a days (not mandatory)	
Saturday, April 11	Spring Break two a days	
Saturday, April 18	Regatta Location TBD	
April 25-26	<u>44th FSRA State Championship (1500m)</u> - Bypass Canal, Tampa, FL (map) (photo)	
Saturday, May 2	Sarasota Crew Annual Banquet	
May 9-10 Leave on Friday	<u>Southeast District Youth Championship (2000m)</u> - Melton Lake, Oakridge, TN - Selected Rowers	
May 15-16	OPEN	
May 22-23	OPEN	
Saturday, May 30	OPEN	
Saturday, June 6	OPEN	
June 12-14	<u>USRowing National Youth Championship</u> - Harsha Lake, Cincinnati, OH Selected rowers	

Sarasota Crew
339 N Tamiami Trl
Osprey Fl 34229
941-966-9791

TeamAdmin@SarasotaCrew.com

Our Mission:

- To provide a positive, developmental, competitive rowing experience for youth in Sarasota County
- To utilize rowing to promote strong character, high integrity, positive self esteem, contribution to community, and a healthful life style