



Miami International 2010 Middle School Assessment and Information

REGATTA DATE	Sunday, March 7, 2010
LOCATION & DIRECTIONS	Miami Rowing Club 3601 Rickenbacker Causeway, Key Biscayne, FL 33149 http://www.mapquest.com/mq/7-8piNvSY264R2NVi8BN95
DEPARTURE TIME	5:00 a.m., Sunday, March 7, 2010 ALL Sarasota Crew rowers travel together as a team and stay for ALL races. If extraordinary circumstances prevail that prevent a rower from doing so, a Travel Exemption Form with the Head Coach's and Parent's approval must be submitted to the Sarasota Crew office at HSP by Wednesday, March 3 http://www.sarasotacrew.com/MerchantUploads/pogostySarasotaCrew/Travel_Exception_Form.pdf
TIME TO BE AT HSP	Sunday, March 7 at 4:45 a.m.
EXPECTED RETURN TO HSP	Sunday evening at approximately 11 p.m.; rowers will call home one hour before returning to HSP.
ASSESSMENT	\$75
ASSESSMENT DUE	03/03/10 Pay with a credit card on the Crew website, go to www.SarasotaCrew.com, then click on Regattas. http://www.sarasotacrew.org/?pogosty=shop.regattas
ASSESSMENT COVERS	Transportation, regatta fees, Boat Transport, Food,
ADDITIONAL \$ (change) NEEDED FOR	Snacks en route, dinner on return trip, to purchase regatta t-shirts(optional)
BRING TO REGATTA	The uniform dress during regatta participation is our white Crew T Shirt , spandex and water shoes. The uniform dress for regatta participation is our unisuit and water shoes. Bring 1 gallon of water (labeled), clothing for any weather condition, change of clothes, towel, sunscreen, folding chair (if desired), rainjacket/poncho. Many like to have pillows and blankets, homework, books, snacks, etc. for the bus. <u>LABEL ALL CLOTHES</u> — we all have SC t-shirts and sweatshirts that look alike! If you would like, bring (appropriate) videos for the bus ride. Please bring a filled re-useable water bottle with you to the bus.
PARENTS INFO	PARENTS might want to bring appropriate items above, plus folding chairs, cameras, binoculars, cooler with drinks. Donations for food (for parents) at the regatta site are appreciated. Sarasota Crew shirts and sweatshirts or team colors - Blue & White.
CODE of CONDUCT	http://www.sarasotacrew.com/MerchantUploads/pogostySarasotaCrew/Code%20of%20Conduct.pdf
SPONSORING TEAM	Miami Rowing Club
REGATTA WEBSITE	www.miamirowing.org
REGATTA LEADERS	TBA

